

Rim Family Services
Resource List—Lista De Recursos
REVISED 12-10-18

ABUSE/ABUSO

Child Abuse Reporting Hotline (DCS).....	(800) 827-8724
Domestic Violence 24-Hour Hotline.....	(760) 949-4357
Department of Children’s Services.....	(909) 386-1100
Dove’s Domestic Violence Hotline.....	(800) 851-7601
Dynamics for Victims 31220 Hwy 18 Running Springs.....	(909) 867-3800
Elder Abuse (APS).....	(877) 565-2020
Family Assistance Program (Domestic Violence Shelter).....	(760) 843-0701
Option House (Domestic Violence Shelter).....	(909) 381-3471
P.S.A.L.M.S.....	(909) 744-2065
Sexual Assault – San Bernardino.....	(909) 885-8884
Sexual Assault – Redlands.....	(909) 335-8777
Sexual Assault – Yucaipa.....	(909) 790-9374
Sexual Assault – Victorville.....	(760) 952-0041
Unity Domestic Violence – Joshua Tree.....	(760) 366-1247

ADULTS WITH CHILDREN RESIDENTIAL PROGRAMS -- ADULTOS CON PROGRAMAS residentail NIÑOS

Cedar House Life Change Center (Bloomington).....	(909) 421-7120
Inland Valley Recovery Services (Upland).....	(909) 932-1069
St. John of God Health Care Services (Victorville).....	(760) 241-4917

**AGING/SENIOR CITIZENS
DE LA TERCERA EDAD**

AARP.....	(888) 687-2277
AARP (Health Care Options, Ages 50-65).....	(800) 523-5800
Agewise (Senior Resources).....	(909) 421-9470
Ageing and Adult Services (Adult Protective Services).....	(909) 891-9019
Aids/Center for Disease Control.....	(800) 367-2437
Alzheimer’s Disease Hotline (www.alz.org).....	(800) 272-3900
American Cancer Society.....	(866) 444-7672
Crest Forest Senior Citizen’s Club (Nutrition/Transportation).....	(909) 338-5036
Crest Forest Senior Citizens Thrift Store.....	(909) 338-5413
Department of Aging.....	(909) 891-3900
Dept. of Public Heath Appointment Line (HIVCare& Aids Testing).....	(800)722-4777

Elder Abuse (APS).....	(877) 565-2020
Grandview Towers Senior Homes – Twin Peaks.....	(909) 336-0775
In-Home Care (Accepts HMO).....	(909) 336-7781
Inland Caregiver Resource Center.....	(800) 675-6694
Meals on Wheels	(909) 337-3114
Twin Peaks Senior Center.....	(909)337-1824
Ombudsman – (Investigates complaints for Licensed Residential Facilities).....	(909) 891-3926
Prescription Assistance (Rx, californiarxcard.com or www.pparx.org).....	(888)477-2669
Rural Clinic (AIDS Testing).....	(909) 336-9715
San Moritz Tuesday Lunch (for age 60 and over) – Crestline.....	(909) 338-5036
Senior Training Employment Department.....	(909) 891-3913
Wildwood Canyon Villa Assisted Living & Memory Care – Yucaipa.....	(909) 446-0405

ALCOHOL & DRUG SERVICES
SERVICIOS DE ALCOHOL Y DROGAS

Alcohol & Drug Services (ADS) Administration.....	(909) 421-4601
Alcoholics Anonymous/ AA Sources.....	(909) 825-4700
Adult Children of Alcoholics (ACOA) Meetings.....	(909) 867-3380
Al Anon Service Center.....	(909) 824-1516
Betty Ford.....	(800) 854-9211
Cedar House Life Changes.....	(909) 421-7120
Inland Valley Recovery Services (Upland).....	(909) 932-1069
Jackson Bibbey.....	(760) 256-6114
Loma Linda Behavioral Medicine Center.....	(800) 752-5999
Lucerne Valley Behavioral Health.....	(760) 248-6612
Mariposa Community Counseling (Ontario).....	(909) 458-1350
MHS Big Bear Center for Change(DUI Also).....	(909) 878-0101
Narcotics Anonymous (NA).....	(800) 863-2962
Needles Center for Change (Needles).....	(760) 326-4590
Olive Branch Counseling (Outpatient Treatment) – Rancho	(909) 989-9030
Rim Family Services (Aftercare).....	(909) 336-1800
SAC Health Systems.....	(909) 382-7135
San Bernardino County Behavioral Health.....	(909) 381-2420
Screen Assessment Referral (Rialto).....	(909) 421-4601
St. John of God Health Care Services.....	(760) 241-4917

**ALCOHOL & DRUG SERVICES – RESIDENTIAL
SERVICIOS DE ALCOHOL Y DROGAS-RESIDENCIAL**

Lake Arrowhead Recovery Center.....	(909) 315-6911
Hower Lodge.....	(909) 800-2758
Access & Referral.....	(909) 386-8256
Bluestone Recovery.....	(951) 823-0570
Cedar House (Residential & Detox).....	(909) 421-7120
Dr. Trueheart.....	(909)744-9920
Gibson House for Men.....	(909) 884-0840
Gibson House for Women.....	(909) 888-6956
Inland Valley (Residential & Detox).....	(909) 932-1069
Inland Behavioral Health.....	(909) 881-2425
Metcaf – Blythe.....	(760) 922-8625
MFI (Residential & Detox)– Wood Crest	(951) 780-2541
Michael’s House.....	(760) 320-5486
New House.....	(909) 881-0390
Pine Ridge (Residential & Outpatient).....	(909) 867-7027
St. John of God(has Veteran Beds).....	(760) 241-4917
Screen Assessment Referral Center.....	(909) 421-4601
Serenity Lodge - Lake Arrowhead.....	(888) 244-0890
Valley Star Crisis Residential Treatment-San Bernardino(Teen).....	(909) 763-4760

ANGER MANAGEMENT—CONTROL DELA IRA

Asante Family Agency (San Bernardino).....	(909) 886-3322
Crest Forest Family Services (52 Week Anger Management for Battery).....	(909) 338-4689
Dynamics(Running Springs) 12 Week.....	(909) 867-3800
Family Assistance Program (Victorville).....	(760) 843-0701
Family Violence Outreach Program (FAVO).....	(909) 336-3651 Ext. 3015
Lutheran Social Services (Big Bear).....	(909) 866-5070
Olive Branch Counseling – Rancho.....	(909) 989-9030
Rim Family Services 8 Weeks.....	(909) 336-1800

CHILDREN SERVICES--SERVICIOS INFANTILES

Assistance League of Redlands.....	(909) 792-2675
Boys & Girls Club.....	(909) 338-0418
Child Care Resource and Referrals San Bernardino.....	(909) 890-0018

Child Care Resource and Referrals provides families with financial assistance to use towards child care. The San Bernardino location provides assistance to families in the Mountain Communities, including: Big Bear, Crestline, Lake Arrowhead, and Twin Peaks

Children’s Fund (contributes a one-time gift to the needs of at-risk children).....	(909) 379-0000
CFS San Bernardino.....	(909) 386-1100
Child Support (childsupport@css.co.san-bernardino.ca.us).....	(866) 901-3212
Children and Youth Collaborative Services.....	(909) 387-7000
Headstart Pre-School.....	(909) 338-1470
Hearts & Lives Early Identification & Intervention Services (EIIS) Ages 0-5.....	(909)338-3222
KidsNCare.com (assistance with childcare).....	(800) 722-1091
One Stop TAY Center (youth emancipated from foster care or group homes).....	(909) 387-7194
Parks & Recreation.....	(909) 337-7275
Parenting Apart (parenting classes for divorced parents, \$160/person).....	(909) 382-7135
RenuHope Child Care Program provides childcare for low income families in the communities of: Beaumont, Banning, Escondido, Hemet, Mead Valley, Moreno Valley and Perris	
Renu Hope Child Care Program	(951) 845-3816
Stanton Mountain Pregnancy Resource Center (parenting classes).....	(909) 338-0848
Strengthening Families (for Elementary and High School ages).....	(909) 336-1800

**COUNSELING/MENTAL HEALTH – FREE CRISIS COUNSELING
 CONSEJERIA/SALUD MENTAL—CONSEJERIA DE CRISIS GRATIS**

Postpartum Depression – Rim Family Services.....	(909) 336-1800
Rim Family Services.....	(909) 336-1800

**COUNSELING –MEDI-CAL AND/OR SLIDING SCALE ACCEPTED
 CONSEJERIA- MEDI-CAL Y/OESCALA MÓVIL**

Arrowhead Behavioral Health-Inpatient Hospital (Arrowhead Regional).....	(909) 580-1800
Asante Family Agency (San Bernardino).....	(909) 886-3322
CSUSB Community Counseling Center \$5-\$15.....	(909) 537-5569
Chris Love.....	(909) 784-2785
Crest Forest Family Services.....	(909) 338-4689
Cynthia Crosby.....	(310) 740-9217
Department of Behavioral Health (DBH, available 24 hours).....	(888) 743-1478
Kathy O’Fallon.....	(909) 570-1795
Loma Linda Psychiatric Services.....	(909) 558-4505
Lutheran Social Services – Big Bear.....	(909) 866-5070
Olive Branch Counseling– Rancho.....	(909) 989-9030
Phoenix.....	(909) 387-7200
Renee Lewis.....	(909) 336-3252
Rural Clinic (offers both counseling and medical services).....	(909) 336-9715
SACHS Behavioral Health Care.....	(909) 382-7135

**COUNSELING – INSURANCE ACCEPTED
 CONSEJERÍA-ACEPTA SEGURO**

Catholic Services.....	(909) 880-3625
Chris Love.....	(909) 784-2785
Cynthia Crosby.....	(310) 740-9217
Gina Weiss (Big Bear).....	(909) 474-7893
Kathy O’Fallon.....	(909) 570-1795
Olive Branch Counseling – Rancho.....	(909) 989-9030
Renee Lewis.....	(909) 336-3252

**CRIME TIP LINES
LÍNEA DE PUNTA DEL CRIMEN**

We Tip.....	(800) 472-7766
-------------	----------------

DEJ/PC1000

Chino Community Services (Chino).....	(909) 334-3259
High Desert Child, Adolescent & Family Services (Victorville).....	(760) 243-7151
Inland Behavioral & Health Services (San Bernardino).....	(909) 881-6146
MHS Needles Center for Change (Needles).....	(760) 326-4590
Peace in the Valley (Fontana).....	(909) 335-2008
Reach Out (Upland).....	(909) 982-8641
Rim Family Services (Skyforest).....	(909) 336-1800
Valley Improvement Programs (Ontario).....	(909) 983-3665

**DENTIST – LOW COST AND/OR MEDI-CAL ACCEPTED
DENTISTA-BAJO COSTO O MEDI-CAL ACEPTADO**

Assistance League Redlands.....	(909) 792-9430
Hearts & Lives (Ages 0-5).....	(909) 338-3222
Inland Family Community Health Center – San Bernardino.....	(909) 708-8168
Rural Clinic (accepts Medi-Cal) – Lake Arrowhead	(909) 336-9715
SACHS Dental Clinic.....	(909) 382-7120
Whitney Young Family Health Clinic – San Bernardino.....	(909) 386-7600

DETOX-DESINTOXICACIÓN

Cedar House (Residential & Detox).....	(909) 421-7120
Inland Valley (Residential & Detox).....	(909) 932-1069
MFI (Residential & Detox) – Wood Crest.....	(951) 780-2541
San Bernardino Co. Dept of A&D Services.....	(909) 421-4601
St. John of God Health Care Services (Victorville).....	(760) 241-4917

**DISABLED/SPECIAL ED/SPECIAL NEEDS – FOR ADULTS
DISCAPACITADOS/SPECIAL ED/NECESIDADES ESPECIALES-PARA ADULTOS**

Inland Regional Center (IRC).....	(909) 890-3000
Independent Living Centers.....	(909) 884-2129
Ombudsman (investigates complaints for licensed residential facilities).....	(909) 891-3926
PossAbilities (disabled/special-ed/special needs).....	(909) 558-6384
Rolling Start (disabled/special needs advocate).....	(909) 843-7977

**DISABLED/SPECIAL ED/SPECIAL NEEDS – FOR CHILDREN
DISCAPACITADOS/SPECIAL ED/NECESIDADES ESPECIALES-PARA NIÑOS**

Early Start.....	(800) 974-5553 or (909) 890-4788
Inland Regional Center (IRC).....	(909) 890-3000
Independent Living Centers.....	(909) 884-2129
PossAbilities (disabled/special-ed/special needs).....	(909) 558-6384
Rolling Start, Inc.....	(909) 843-7959

DMV

DMV.....	(800) 777-0133
DMV – Mandatory Actions Unit for DUI.....	(916) 657-6525

**DONATING TO MOUNTAIN CHARITABLE ORGANIZATIONS
DONAR A ORGANIZACIONES CARITATIVOS EN LA MONTAÑA**

Boys & Girls Club Thrift Store Cedar Glen.....	(909) 338-9390
Donating your car (must specify your local charity of choice).....	(800) 203-2940
Dove’s Thrift Store-Running Springs.....	(909) 867-1199
Hearts & Lives (www.heartsandlives.org).....	(909) 338-3222
Rim Family Services (rimfamilyservices.org).....	(909) 336-1800

DRIVING UNDER THE INFLUENCE – CONDUCIR BAJO LA INFLUENCIA

Correctional Healthcare Companies (San Bernardino).....	(909) 888-0149
---	----------------

Dalton & Associates (Victorville).....	(760) 241-1777
Jackson-Bibby Awareness Group (Barstow).....	(760) 256-6114
MHS Choices Center for Change (Yucca Valley).....	(760) 369-1074
Rim Family Services (Skyforest).....	(909) 336-1800
Social Science Services (Cedar House – Bloomington).....	(909) 421-7120
Valley Improvement Programs (Ontario).....	(909) 983-3665

DRUG COURT PROGRAMS – PROGRAMAS DE TRIBUNALES DE DROGAS

High Desert Child, Adolescent & Family Center (Victorville).....	(760) 243-7151
Matrix Drug Court (Rancho Cucamonga).....	(909) 989-9724
MHS Big Bear Center for Change.....	(909) 878-0101
MHS Central Valley Regional Recovery Center (Colton).....	(909) 433-9824
MHS Joshua Tree Drug Court (Joshua Tree).....	(760) 366-8641

EMERGENCY NUMBERS—NÚMEROS DE EMERGENCIA

Animal Control.....	(800) 472-5609
Arson Reporting.....	(800) 47-ARSON or (800) 472-7766
California Department of Forestry (www.fire.ca.gov).....	(909) 881-6900
California Highway Patrol(www.chp.ca.gov).....	(909) 867-2791
Coroner.....	(909) 387-2978
Crestline Fire Department.....	(909) 338-3311
Emergency.....	911
FEMA (fema.gov).....	(800) 621-3362
Gas Company.....	(800) 427-2200
Lake Arrowhead Fire Department.....	(909) 337-8586
Mountains Community Hospital.....	(909) 336-3651
Poison Control.....	(800) 876-4766
Ranger Station – Skyforest.....	(909) 382-2782
Red Cross (www.redcross.org).....	(909) 888-1481
Running Springs Fire Department.....	(909) 867-2630
Sheriff’s Office – Twin Peaks.....	(909) 336-0600
USFS (information during a fire).....	(909) 383-5688

ENVIRONMENTAL PREVENTION -- PREVENCIÓN AMBIENTAL

Institute for Public Strategies (Twentynine Palms).....	(760) 843-7003 ext. 149
---	-------------------------

MHS Central Valley Prevention Programs (Colton).....	(909) 423-0312
Reach Out West Ent (Upland).....	(909) 982-8641
Rim Family Services (Skyforest).....	(909) 336-1800
Rim Family Services (Big Bear).....	(909) 366-0545
San Bernardino County Dept of Public Health.....	(909) 782-4264

**FOOD/SHELTER CRISIS
COMIDA/VIVIENDA CRISIS**

Angel’s Pantry (order online only).....	www.angelfoodministries.com
Crest Forest Family Services (food bank).....	(909) 338-4689
Food Bank (find food available in your area).....	(909) 723-1580
Food Stamps (apply online at www.c4yourself.com).....	(909) 386-7600
Community Action Partnership (assists with food, rent, gas).....	(800) 635-4618
Hearts & Lives (also, wood & propane).....	(909) 338-3222
Homeless Outreach Support Team (HOST).....	(909) 421-4633
Mary Mercy Table.....	(909) 889-2558
Meals on Wheels (Diane Reed).....	(909) 337-3114
Operation Provider.....	(909) 337-8585
Rebuilding Together Mountain Communities (formerly Christmas in April).....	(909) 336-3910
WIC.....	(909) 387-8301
WIC – Crestline.....	(909) 589-0810

**FORECLOSURE INFORMATION
INFORMACIÓN DE EJECUCIÓN HIPOTECARIA**

Foreclosure Information.....	www.yourhome.ca.gov
Homeowner Hope Hotline (available 24 hours).....	(888) 995-HOPE or (888) 995-4673
Neighborhood Housing Services (bilingual).....	(909) 884-6891

GRIEF SUPPORT--APOYO DE DUELO

Breast Cancer Support Group (Judith Reilly).....	(909) 337-4231
Chaplain Matt, at Mountains Community Hospital.....	(951) 243-4790

**HOUSING INFORMATION
INFORMACIÓN DE VIVIENDA**

Fair Employment & Housing Department	(800) 884-1684
Housing Authority.....	(909) 890-9533
Inland Fair Housing & Mediation Board.....	(800) 321-0911
Mobile Home Ombudsman.....	(800) 952-5275

**IMMIGRATION SERVICES
SERVICIOS DE IMIGRACIÓN**

Immigration&RefugeeServices.....	(909) 388- 1243
----------------------------------	-----------------

**INSURANCE ASSISTANCE
ASISTENCIA DE SEGUROS**

California Department of Insurance Consumer Hotline.....	(800) 927-4357
Hearts & Lives.....	(909) 338-3222

LEGAL SERVICES--SERVICIOS LEGALES

Inland County Legal Services.....	(800) 677-4257 or (909) 884-8615
Legal Services.....	legalzoom.com
Literacy Services.....	(909) 337-5420
Legal Aid (www.legalaidofsb.org).....	(866) 889-7328 or (909) 889-7328
San Bernardino Lawyer Referral.....	(909) 945-2980

**MEDICAL/DENTAL SERVICES
SERVICIOS MÉDICOS Y DENTAL**

Dr. Herrick (accepts HMO).....	(909) 336-9433
Healthy Families (medical and dental).....	(800) 880-5305
IEHP (for children that are not eligible for Medi-Cal or Medicare).....	(866) 294-4347
Lake Arrowhead Family Practice Clinic (sliding scale, accepts walk-ins).....	(909) 337-6562
Loma Linda Medical Center (accepts Medi-Cal).....	(877) 558-6248
Lupus Support Network.....	(909) 874-9257
Medi-Cal (apply online at www.c4yourself.com).....	(909) 335-3309
Mountains Community Hospital (MCH).....	(909) 336-3651

Rural Clinic (Medi-Cal Accepted) – Lake Arrowhead.....	(909) 336-9715
Rural Clinic (Medi-Cal Accepted) – Running Springs.....	(909) 867-6341
Phoenix (formerly Swift Clinic).....	(909)387-7200
SAC Medical Clinic (accepts Medi-Cal, low cost primary, dental).....	(909) 382-7100
Whitney Young Family Health Clinic – San Bernardino.....	(909) 386-7600

MORTUARIES--FUNERARIA

Arrowhead Aftercare.....	(909) 425-2920
Bobbitt.....	(909) 882-3761
Mark B. Shaw.....	(909)889-0173

NARCOTIC TREATMENT PROGRAMS – PROGRAMS DE TRATAMIENTO DE NARCOTICOS

Aegis (Hesperia).....	(760) 956-2462
Aegis (Ontario).....	(909) 986-4550
Western Clinical Health Care Services (Colton).....	(909) 370-1777

PREGNANCY--EMBARAZO

Best Fed Babies...virtualbreastfeedinghelp.com (available 24/7, \$20 phone consult, \$45 Skype)	
Break Time for Nursing Mothers, US Dept of Labor.....	www.dol.gov/whd/nursingmothers/
California Dept of Health.....	http://cdph.ca.gov/breastfeeding
High Desert Child, Adolescent and Family Service Center (Victorville).....	(760) 243-7151
Inland Behavioral and Health Services, Inc. (San Bernardino).....	(909) 881-6146
Inland Empire Breastfeeding Coalition.....	iebreastfeeding.org
International Lactation Consultant Association.....	ilca.org
Inland Valley Recovery Services Upland Recovery Center.....	(909) 932-1069
Le Leche League.....	lalli.org
Maternal Health Services.....	(909) 336-3651 ext3519
Mountain Pregnancy Center (free ultrasounds & prenatal care)	(909) 338-0848
Postpartum Depression – Rim Family Services.....	(909) 336-1800
San Bernardino Pregnancy Resource Center.....	sbpcc.net
San Bernardino County Reproductive Services.....	(909) 458-9720
Safe Arms for Newborns (no questions asked, gardenofangels.org).....	(909) 797-8599
St. Bernadine Medical Center’s Baby and Family Center.....	(909) 881-4420
Stanton Mountain Pregnancy Resource Center-Crestline.....	(909) 338-0848
Unplanned Pregnancy.....	(800) 537-2229

WIC Hearts & Lives.....(909) 338-3222
WIC San Bernardino.....(909) 387-8301

PRESCRIPTION ASSISTANCE—PRESCRIPCIÓN ASISTENCIA

Prescription Assistance (www.pparx.org or californiarxcard.com).....(888) 477-2669

PSYCHIATRIC SERVICES—SERVICIOS DE PSIQUIÁTRICA

Arrowhead Regional.....(909) 580-1800
CWIC Clinic (Crisis Walk in Centers).....(909) 421-9495
Department of Behavioral Health (DBH, available 24 hours).....(888) 743-1478
Dr. Mazur Rural Clinic.....(909) 436-3096
Inland Psychiatric Medical Group (IPMG) Redlands, CA.....(909) 335-3026
Loma Linda Psychiatric Services.....(909) 558-4505
Phoenix.....(909) 387-7200
RBEST.....(909) 421-9452
Recovery Based Engagement Support Team provides services for individuals who are noncompliant and/or resistant to necessary psychiatric care. RBEST is a team of professionals that make visits to the individual’s location in a non-threatening environment that will focus on the needs and goals of the individual.
Inland Psychiatric Medical Group.....(909) 335-3026
Sachs Clinic.....(909) 382-7135

RECOVERY/AFTERCARE PROGRAMS -- RECUPERACIÓN

MHS Central Valley Regional Recovery Center (Colton).....(909) 433-9824
MHS Needles Center for Change (Needles).....(760) 326-4590
Inland Valley Recovery Services (San Bernardino).....(909) 889-6519
Inland Valley Recovery Services (Upland).....(909) 949-4667
Rim Family Services.....(909) 336-1800
St. John of God Hospitality Center (Victorville).....(760) 952-9192

ROAD CONDITIONS—CONDICIONES DE CARETERRA

Cal Trans.....(800) 427-ROAD (800) 427-7623

Department of Transportation.....www.dot.ca.gov
Rim of the World.net.....www.rimoftheworld.net

RUNAWAY--FUGITIVOS

California Youth Crisis Line (available 24 hours).....(800) 843-5200
Child Find (missing or lost).....(800) 426-5678
National Runaway Switchboard.....(800) 621-4000
Our House(Redlands)..... (909) 335-2676

SCHOOLS—ESCUELAS

Career Institute Ages 18-25 (Job and Education)..... (909) 744-8083
Charles Hoffman Elementary.....(909) 939-0006
Lake Arrowhead Elementary.....(909) 336-0387
Mary Putnam Henck.....(909) 336-0360
Rim of the World High School.....(909) 336-2038
Rim of the World Unified School District.....(909) 336-2031 or (909) 336-4100
Valley of Enchantment.....(909) 589-0396

SOCIAL SECURITY—SEGURIDAD SOCIAL

Social Security (socialsecurity.gov).....(800) 772-1213
State Disability Insurance (SDI).....(800) 480-3287

SUICIDE HOTLINES—LÍNEA DIRECTA DEL SUICIDO

Hope Line.....(800) 784-2433
San Bernardino Department of Behavioral Health (DBH).....(888) 743-1478
Teen Line.....(800) 999-9999

TEEN RESIDENTIAL PROGRAMS PROGRAMAS RESIDENCIALES PARA ADOLESCENTES

Adolescent Growths.....	(888) 948-9998
Crittenton (Girls) – Fullerton	(714) 680-8265
Diamond Ranch Academy(www.diamondranchacademy.com).....	(877) 372-3200
Discovery Ranch-Utah.....	(801) 489-3311
OC Links(Teen Residential in OC/like the assessment Center).....	(855) 855-4657
Safe Guard for Teens Ages 12-17 Cathedral City- Based on Income & Homeless	800 591-8350
SafeHouse (sliding scale, emergency shelter) – Riverside.....	(951) 351-4418
Sovereign Health Group-Adolescent L.A., San Diego, San Clemente.....	866-877-8351
St. Annes – Los Angeles.....	(213) 381-2931
Tarzana Treatment Centers (accepts insurance) – Lancaster.....	(661) 726-2630
Touch Stones(sliding scale) – Orange County.....	(714) 639-5542
Valley Star Crisis Residential Treatment Center-San Bernardino.....	(909) 763-4760

TEEN SERVICES—SERVICIOS PARA ADOLESCENTES

California Youth Crisis Line (available 24 Hours).....	(800) 843-5200
Child Find (missing or lost).....	(800) 426-5678
National Runaway Switchboard.....	(800) 621-4000
Our House Homeless/Runaway Shelter (Redlands).....	(909) 335-2676
San Bernardino Pregnancy Resource Center.....	sbpcc.net
Teen Line.....	(800) 999-9999
Visionary Homes (Walk In, Wash clothes, shower, hot meals, counseling).....	(909) 486-3454

TRANSPORTATION--TRANSPORTACIÓN

Marta Dial-A-Ride.....	(909) 338-1113
------------------------	----------------

UTILITY ASSISTANCE—ASISTENCIA DE UTILIDADES

Assistance League of Redlands.....	(909) 792-2675
Catholic Charities.....	(909) 880-3625
Community Action Partnership.....	(800) 635-4618
Crest Forest Family Services.....	(909) 338-4689
Heap Program – San Bernardino County.....	(909) 723-1500
Hearts & Lives (also, wood & propane).....	(909) 338-3222
Operation Provider.....	(909) 337-8585

VICTIMS OF CRIME—VÍCTIMAS DEL DELITO

Resource Center (including compensation).....	(800) VICTIMS
Victim Witness Program.....	(909) 387-6554

Vine (Victim Witness Notification Everyday).....(800) 247-0551

VISITATION CENTERS—CENTROS DE VISITAS

Asante Family Agency (San Bernardino).....(909) 886-3322

Lutheran Social Services (Barstow).....(760) 256-7279

Lutheran Social Services (Big Bear).....(909) 866-5070